

Q.Light® SKIN CARE UNIT

## Q.Light® SKIN CARE UNIT System

### with 3 cosmetic treatment modules

The **Q.Light® SKIN CARE** Cosmetic filter set is specially designed for derma-cosmetic use, to treat visible skin aging caused by the aging process, UV radiation and/or improper diet.

The use of **Q.Light® SKIN CARE** incl. the various modules, supports the cosmetic treatment methods to achieve a youthful and healthy looking skin. The **Q.Light® SKIN CARE** system is therefore used especially for treatments in cosmetic surgery, dermatologists and cosmetic studios.

The Q.Light® SKIN CARE UNIT system consists of:

- Q.Light® SKIN CARE UNIT
- SKIN CARE module
- ANTI-AGEING module
- CELLULITE CARE module



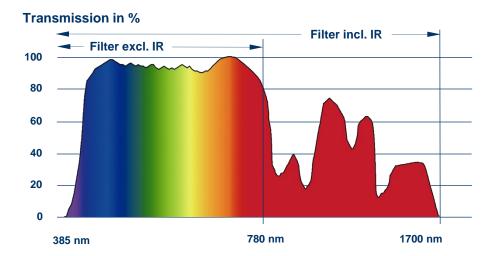
## Technical data of Q.Light® SKIN CARE UNIT

Device model	Q.Light® SKIN CARE UNIT	
Modules	SKIN CARE, ANTI-AGEING, CELLULITE CARE, COLOUR FILTER SET with 6 colours  20 cm fixed  Natural Full Spectrum – Patented light source	
Ø Standard treatment area		
Light source		
Spectrum	385 – 1700 nm  385 nm 780 nm 1700 nm	
Polarization	≥ 98 %	
ViS emission	Wavelength of 385 – 780 nm	
Infrared emission	Near-infrared radiation of 780 – 1700 nm	
UV emission	No UV-radiation	
Light temperature	4700 K	
Certification	DIN EN ISO 9001:2008 & EN ISO 13485:2012 + AC:2012	

# defined spectrum

## Spectrum & power density of Q.Light® SKIN CARE UNIT

## Q.Light® emission spectrum with patented light source technology



Treatment parameter & treatment dose in min.

Device	Polarization- degree	Treatment- distance	Treatment- diameter	Power- density
Q.Light®	≥ 98 %	20 cm	20 cm	20 mW/cm <sup>2</sup>
SKIN CARE UNIT		15 cm	15 cm	30 mW/cm²
		10 cm	10 cm	40 mW/cm²

## **Additional technical Data:**

Medical devices class	lla
Voltage	230 V, 50 - 60 Hz
Power supply	50 VA max.
Safety class	II, Type B
Ø Treatment- energy efficiency	40 mW/cm <sup>2</sup> , 2,4 Joule/cm <sup>2</sup> (min.) at Standard treatment distance
Weight	1'120 g
Size	260 x 158 x 173 mm (L x B x H)
Guarantee	24 month

## Stand HOME Standwagon STANDARD Standwagon PRO



professional therapy system

## Q.Light® SKIN CARE UNIT system

The **Q.Light®** SKIN CARE UNIT system offers specialized treatment modules with exactly on the cosmetic indications tuned parameters.

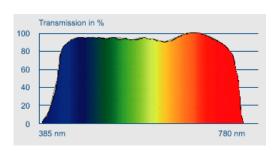
The respective spectrums of the special filters ensure optimal treatment results.

For the different indications, the following modules can be used with the **Q.Light® SKIN CARE UNIT**:



## Module SKIN CARE



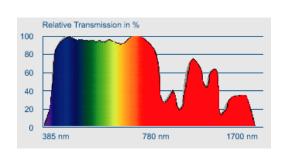


## Module ANTI-AGEING

385 - 1700 nm

385 – 780 nm

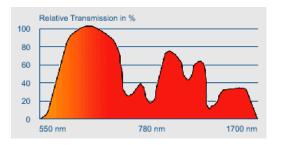




## Module CELLULITE CARE

550 - 1700 nm





# specialized filter modules

## The **Q.Light**<sup>®</sup> <u>SKIN CARE</u> module for general skin treatment

The **Q.Light**® **SKIN CARE module** is specially designed for the treatment of:

- tense and dry feeling skin
- · daily skin care
- smoothing skin structure
- irritated skin

## and to

- stimulate the skin's regenerative processes
- optimize oxygen transport to the skin
- boost ROS (Reactive Oxygen Species) in skin cells and before application of dermal creams and serum.

## Q.Light® SKIN CARE module





## **Q.Light®** Ampoule cure for complementary treatment

## **General skin treatment - Application**

Treatment with **Q.Light® SKIN CARE** supports the biological functions of the skin. As individual treatment sessions are short,

**Q.Light®** Phototherapy can easily be integrated into standard skin care programs. The average dose should be at least 12 J/cm², i.e. 12 min. at a treatment distance of 20 cm.



For optimal results it is recommended to clean the area to be treated. Then direct the **Q.Light**<sup>®</sup> (incl. **SKIN CARE module**) beam in a right angle to the treatment area.

A positive synergy effect is achieved by the use of the **Q.Light**® Ampoule cures.

Special dermatological- or cosmetic creams or skin serum can be applied before or after treatment. Any residue of cream should be wiped away, if applied before the treatment with **Q.Light**<sup>®</sup>.

Side effects and contraindications have not been reported.

# regulates cellular processes

# The **Q.Light**<sup>®</sup> <u>ANTI-AGEING</u> module for younger, smoother and healthier looking skin

The **Q.Light**® **ANTI-AGEING** module is specially designed for the following applications:

- · To reduce wrinkles and fine lines
- To slow down ageing of skin
- To boost blood circulation into the finest blood capillaries
- For stimulation and regulation of the skin's repair mechanisms
- · Against tired & dull looking skin and
- · Against coupe rose such as
- in combination with anti-aging creams respectively ampoules concentrates

## Q.Light® ANTI-AGEING module



Q.Light® Ampoule cure for complementary treatment



#### **General ANTI-AGEING treatment**

The **Q.Light**® **ANTI-AGEING** light beam is polarized, incoherent, visible and near infrared light.

The average dose for the treatment should be at least 12 J/cm<sup>2</sup>, i.e. 12 min. at a treatment distance of 20 cm.

The light beam is directed in a right angle to the area to be treated. For optimal results the **Q.Light® ANTI-AGEING** should be applied on a daily base.



Start of therapy



Result after 8 weeks

Skin should be cleansed before exposure to the light. Special dermatological or cosmetic creams or skin serum can be applied before or after treatment. Any residue of cream should be wiped away, if applied before the treatment with **Q.Light**<sup>®</sup>. The condition of skin improves notably within the first two weeks of therapy. A positive synergy effect is achieved by the use of the **Q.Light**<sup>®</sup> Ampoule cures.

## Effect of **Q.Light®** Phototherapy:

- Activation of microcirculation by photomodulation
- Regulation of cellular processes in skin and tissue
- Development of new collagen & elastine fibers
- Improvement metabolism

## activates microcirculation

## The **Q.Light**® <u>CELLULITE CARE</u> module for effective treatment of cellulite

The **Q.Light**® **CELLULITE CARE** module is specially designed for the following applications:

- Cellulite in all stages
- Weakness of connective tissue
- Skin and tissue with metabolic disorder
- Skin and tissue with insufficient blood circulation
- Stimulation of lymphatic system



## Q.Light® CELLULITE CARE module



Q.Light® Ampoule cure for complementary treatment



#### **CELLULITE** treatment

Daily treatment is required for optimal results with Q.Light® CELLULITE CARE. The light emitted with the Q.Light<sup>®</sup> **CELLULITE CARE** module is polarized, orange and contains in addition the near infrared range. The average dose for the cellulite treatment should be at least 19 J/cm<sup>2</sup>, i.e. 16 min. at a treatment distance of 20 cm. The light beam is directed in a right angle to the area to be treated. The treatment area should be cleaned before treatment. Special dermatological or cosmetic creams or skin serum can be applied before or after treatment. Any residue of cream should be wiped away, if applied before the treatment with Q.Light<sup>®</sup>.

The first improvements are observed within the first four weeks of treatment.



The problem



Before treatment



Result after 3 monath

A positive synergy effect is achieved by the use of the **Q.Light**® Ampoule cures.

## activates microcirculation

## Q.Light® SKIN CARE UNIT & Colour Filter Set - 6 Colour Filter Modules

The **Q.Light® SKIN CARE UNIT** offers special dichroic colour filter modules which allows to use the device also for colour therapy. In combination with the optimal colour temperature, of the patented bulb, results in brilliant colours.

#### **Selection of Colour**

The following tables provide decision support for color light therapy. Apart from indications and effects the recommended application duration is also given.

Nonspecific general effects and also color light therapy recommendations can be repeating. This is because of inter-individual differences of treatment and the subjective feeling of each particular patient. Therefore it concerns only recommandations and suggestions, which should always be agreed upon with a physician or therapist. Modifications in the diagnosis can entail another therapy colour.

Personal intuition is also of great importance. In case of doubt the patient should decide on colour and duration of the colour therapy according to feeling and well being.

Despite thorough research neither an exhaustive list nor on efficacy of treatment in individual cases may be brought. It is explicitly advised that information partially based on personal experience, but not on scientific studies.



Filter Module WHITE

#### **General association**

clarity, purity, youth, innocence, cleanness cure, recovery

### **Global effect**

stabilization of immune system and self healing power, harmonization of the digesting system, anti depressant, activation of metabolism, activation of wound healing, enhancement of blood formation, relaxation

### Cosmetic effect

improvement of skin elasticity and skin energy, regulation of moisture content, stimulation of cell renewal and oxygen supply, enhancement of collagen formation

## **Medical indication**

wounds and scars, atopic dermatitis, metabolism disorders, seasonal affective disorder

## **Proposed treatment**

To enforce the immune system as well as for prohpylaxis: spot on face and eyes, 8 - 10 minutes, to treat the skin: spot on concerned area, 4 - 8 minutes.



Filter Module RED

Characterization activity and warmth

### **General association**

health, vitality, love and passion, sunrise and sunset, blood, danger and assistance, fire, revolution

#### **Global effect**

stimulation of circulation, nervous system, blood circulation and metabolism, activation of the energy reserves

## **Cosmetic effect**

activation of cell metabolism, improvement the skin blood circulation, revitalization of fatigued skin

## **Medical indication**

weak immune system, pain, blood circulation disorder, also frostbite, tiredness and exhaustion

## **Proposed treatment**

For global effect: spot on the face, 8 – 10 min., for enhanced effect afterwards 4 minutes on solarplexus (abdominal/gastric region)



#### Filter Module ORANGE

Characterization activity and inspiration

### **General association**

sunshine, warmth, inspiration and impulse, sociability and joy

#### **Global effect**

support of tissue creation, reviving and warming, activation of the muscle functions (relaxing), stimulating the psyche (mood-enhancing)

## **Cosmetic effect**

support of collagen fibres creation, reactivation of natural skin protection, improvement of skin stability, especially with orange skin (cellulite)

## **Medical indication**

muscle pulling, headache, allergic reactions, depressions, reduced glandular activity

## **Proposed treatment**

face and chest (area solarplexus) 10 – 15 minutes; stimulation of the psyche: spot on face and eyes, 8 min.; muscle relaxation: spot on affected area, e.g. for headache on the neck, 8 minutes



Filter Module YELLOW

#### Characterization

intelligence and success

### **General association**

sunlight, gold, intelligence and mental activity, philosophy, success

#### Global effect

strengthening of digestive system, tonification of muscles, stimulation of lymphatic system, stimulation of the sensory and motor nervous system, excitation and brightening of the psyche, reduction of depressions

### **Cosmetic effect**

relaxation and stabilization of irritated skin, reinforcement of natural immune system of the skin, stimulation of skin metabolism and lymphatic circulation

## **Medical indication**

stomach and intestine complaints, depressive feelings, tiredness

## **Proposed treatment**

depressions and tiredness: spot on face and eyes, 4-8 min., afterwards 4 minutes on solarplexus; digestive disorder: spot on solarplexus and stomach, 8-10 minutes



#### Filter Module GREEN

#### Characterization

compensation and hope

#### **General association**

nature, health, calmness and relaxation, balance and harmony, hope

#### Global effect

strengthening of immune system, heart and circulation, stimulation of hormone system, antiseptic, harmonization of organs, tissue formation, calming and relaxation for the brain

### Cosmetic effect

treatment of general skin problems, binding moisture, calming of the skin, reduction of wrinkles caused by dryness and tightness

## **Medical indication**

weakened immune system, fresh wounds and scars, tension, pain, particularly headache, incipient herpes, restlessness

## **Proposed treatment**

to reinforce the immune system and for prophylaxis: spot on face and eyes, 8-10 minutes; herpes and fresh wounds: spot on affected skin area, 8-10 minutes; restlessness: spot on face and eyes, 8-10 minutes



## Filter Module BLUE

#### Characterization

coolness and relaxation

#### General association

freshness, coolness, sky and width, mental and spiritual equilibrium, composure, loyalty

#### Global effect

soothing and analgesic, good for the eyes, antiseptic, antiinflammatory, relaxing and sleep inducing, calming

#### Cosmetic effect

moisturizer, refinement of skin relief, normalization of sebum production (blemished, irritated skin), relieve skin irritations

### **Medical indication**

Fever, pain, restlessness, sleep disorder, inflammations, redness, acne, herpes, allergies, also sun allergies, sunburn, insect bites, excrescences

## **Proposed treatment**

sleep disorder: spot on face and eyes, 8 minutes, for improved effect further 4 minutes on solarplexus; skin irritations: spot on concerned area, 4 – 8 minutes



### Filter Module VIOLET

#### Characterization

individualism and intuition

#### **General association**

contrast between fire and composure (red and blue), penance, grief and sorrow

#### Global effect

Regulation of metabolic process, activation of lymphatic system, stabilization of nervous system, sedative effect on the organs (except spleen), antipyretic, inspiration and relaxation

### Cosmetic effect

relaxation of the skin, tonification of skin cells, visible decrease of reddening, protection against free radicals, moisturizer

## **Medical indication**

stress, circulation disorder, non specific pain

## **Proposed treatment**

spot on point of pain, approx. 10 minutes or spot on face and eyes: 8 minutes, for better effect further 4 minutes on solarplexus

### Reference list of medical indications A-Z

The following list only gives treatment recommendations, with which good results have already been achieved. However, despite most careful investigation neither completeness of the list nor treatment effectiveness in individual cases can be claimed. It is pointed out expressively that recommendations are rather based on personal experience than on scientific studies. Treatment with colour light therapy device does not replace medical consultation and diagnosis. In case of doubt and particularly concerning medical indications and contra indications a physician should always be seen before treatment.

MEDICAL INDICATION	TREATMENT SUGGESTION
abscess	blue, daily, if pus is gone continue with red
acne	blue
allergic reactions	orange, with strong itching also blue
anxiety	blue
arteriosclerosis	blue, 2-3x daily, on the heart area
asthma	green and red alternating, 2 x daily on chest and shoulder
atopic dermatitis/eczema	white, polarized, 2 x daily
autonomous nervous system	green, 1 x daily, 3 – 4 weeks long, on upper belly
bacterial inflammation	green
bronchitis	green, on chest and back, for 10 days

cellulite	orange
chronic complaints	red
circulatory disturbance	red, daily
cold	red
constipation	drink 2 x daily 500 ml water irradiated with red light; red irradiation on belly
cramps	orange, also red
cramp in the leg	red, in the early evening
depressions	red, orange or yellow, also white
diarrhoea	drink 2 x daily 200 ml water irradiated with blue light for 15 min.
digestive trouble	yellow, 2 x daily, on chest and back
emaciation	red and green alternating, on the gastric region, daily
fever	blue, also violet
frostbite	red
gastro enteric influenza	yellow, 2 x daily, on chest and back
glandular disorder	orange
gout	green, 2 x daily
headache	blue, as often as desired, also green and orange
heart disease	blue
herpes	green, also blue
hormone system malfunction	green

hyper activity, hyper reactions blue

hypertension blue, 2-3x daily, on the heart area

**influenza** green, 2-3x daily, in well heated room

insect bites blue

**kidney disease** blue, 2 x daily

**liver disease** yellow, 2 x daily

loss of appetite yellow

loss of hair red, 2 x daily

lung disease green

lymphatic system malfunction yellow, also violet

measles red, 2 x daily

metabolic disorder white

migraine blue, as often as desired

**nervousness** blue and green alternating

nettle rash blue

neuritis green, 3 x daily, on back and belly,

also violet

**osteoporosis** green and yellow, 2 x daily

**pain** blue, also green

palpitations blue paralysis red

psoriasis violet

rash blue

rheumatism (articular) blue, as often as desired

rheumatism (general) red, as often as desired

scarlet feverredscarsgreensciaticared

sciatica red shingles blue

skin diseases red, often, daily sleep disorder green, blue

spleen disease violet

stomach ache yellow, 3 x daily, with strong pain

also blue

sun burn, sun allergy blue
tensed muscles green
tooth ache blue
warts blue
weariness red
whooping cough green

wound healing green, also white

## **Contra Indications**

With contra indications as specified below, please consult at first a physician:

- Hypersensitivity to light or «photo allergy»
- Tendency to phototoxic reactions, e.g. after contact with plants
- Taking a photo sensitizing and photo toxic medication
- Pregnancy
- · Malicious illness, tumour, metastasis
- · Unknown skin alterations

There are many ways and different methods to use the **Q.Light**® color light treatment. It is therefore advisable to indicate a color therapy training or relevant seminar.

## Q.Products AG - biotechnology & photomedicine

**Q.Products AG** develops and manufactures specialized phototherapy devices for professional application and for self medication at home. Additionally to our **Q.Light**<sup>®</sup> **SKIN CARE UNIT** we also manufacture the following specialized devices:

- > Q.Light® ACNE CARE
- > Q.Light® PAIN CARE
- > Q.Light® WOUND CARE
- > Q.Light® SAD CARE

## **Q.Products AG**

Säntisstrasse 11, CH-9401 Rorschach

Fon +41 (0) 71 858 20 60 Fax +41 (0) 71 858 20 61

Email contact@QProducts.info

Web www.QLight.info

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