



Q.Light® ACNE CARE

Q.Light® Phototherapy for Acne

The **Q.Light® ACNE CARE** system is specially designed for the application of mild and moderate acne treatments in medical practices, clinics, specialized treatment centers, beauty salons and for treatment at home.

The main applications for the **Q.Light**[®] **ACNE CARE** system are:

mild and moderate

- Common Acne
- Acne Vulgaris
 - Acne Comedonica
 - Acne Papulopustulosa
 - Acne Conglobata

Two different devices are available for acne care:

Q.Light® PRO UNIT with ACNE CARE module







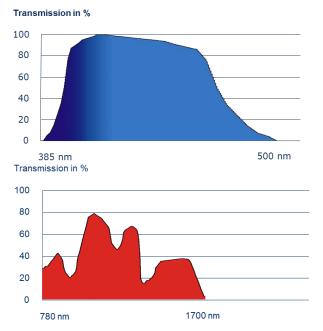
Technical data of Q.Light® ACNE CARE

Models	Q.Light® ACNE CARE	Q.Light® PRO UNIT	
Digital display	No	Yes	
Module	Fixed system	ACNE CARE	
Ø Standard treatment area	15 cm fixed	5 – 30 cm variable	
Spectrum	385 – 1700 nm		
Polarization	≥ 98 %		
ViS emission	Wavelength of 385 – 500 nm		
Infrared emission	Near-infrared radiation of 780 – 1700 nm		
UV emission	No UV-radiation		
Light temperature	N.A.		
Certification	DIN EN ISO 9001:2008 & EN ISO 13485:2012 + AC:2012		
CE Mark	0197		

excites Porphyrin

Spectrum & power density of Q.Light® ACNE CARE systems

Q.Light® emission spectrum with patented light source technology



Q.Light® - treatment parameters & treatment dose in min. for Q.Light® ACNE CARE & Q.Light® PRO UNIT with ACNE CARE module

Device	Polarization- degree	Treatment- distance	Treatment- diameter	Therapy Dose in min.
Q.Light [®] PRO UNIT	≥ 98 %	30 cm	8 – 30 cm	12
		20 cm	7 – 20 cm	10
		10 cm	5 – 10 cm	6
Q.Light [®] ACNE CARE	≥ 98 %	15 cm	15 cm	12
		10 cm	10 cm	10
		5 cm	5 cm	6

Additional technical data for **Q.Light®** ACNE CARE systems

Models	Q.Light® ACNE CARE	Q.Light® PRO UNIT
Medical devices class	Ila	
Voltage	230 V, 50 - 60 Hz	
Power supply	50 VA max.	60 VA max.
Safety class	II, Type B	
Ø Treatment- energy efficiency	40 mW/cm ² , 2,4 Joule/cm ² (min.) at standard treatment distance	
Weight	1'120 g	1'200 g
Size	260 x 158 x 173 mm (L x W x H)	
Guarantee	24 month	

Stand HOME Standwagon STANDARD Standwagon PRO



Details about Acne

Cosmetic medicine, also called cosmetology or dermatocosmetics, deals with skin disorders. Dermatocosmetic treatments rank very highly, as they support medical treatments, occasionally even contributing decisive elements to their success. A very good example for skin disorders that both physicians and beauticians are frequently confronted with is common acne or acne vulgaris:

Common acne

Common acne is one of the most widespread skin disorders. It typically begins during puberty, often - but not always - subsiding when patients are in their thirties. Depending on the severity of the disorder, acne vulgaris can take on three different forms:

Acne comedonica

Acne comedonica is characterized by the predominant presence of open and closed comedones appearing in varying numbers and intensities, but mainly in the facial region, which is very distressing for most patients.

Acne papulopustulosa

With the inflammation progressing, painful papules tend to appear, often leaving behind visible scars after healing and thus provoking significant emotional stress.

Acne conglobata

The severest form of common acne is acne conglobata. Acne conglobata is characterized by the concurrent presence of comedones, pustules, indurated papules and abscesses with interconnecting sinuses that affect large skin regions. They develop on the back and the nape; in the latter case, it's called acne inversa. Patients are generally "stigmatized" by numerous scars that can be very pronounced, even disfiguring.

The phototherapy with a range of 385 - 500 nm and 780 - 1700 nm (red & blue) is proving to be a very successful method of treatment against acne.

Significant treatment results with **Q.Light®** ACNE CARE



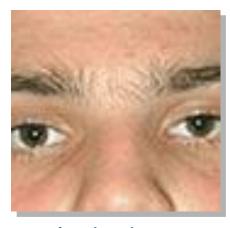


before

after phototherapy







after phototherapy

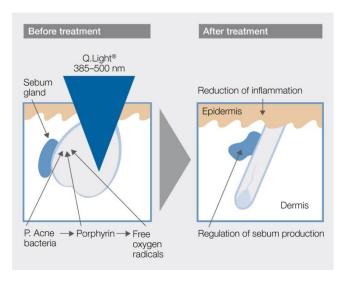
regulated photomodulation

Effectiveness of the Q.Light® phototherapy for Acne

Acne is a dermatological disease that interests about 40 % of the population between 12 and 30 years.

Q.Light® ACNE CARE has been specially designed for the treatment of acne. Due to the concentrated spectrum between 385-500 nm, the additional use of near-infrared radiation and power density, optimal treatment results are achieved.

As part of its reproduction and metabolism process, the Propionil- bacterium Acnes (P. Acne bacteria) releases a certain pigment called porphyrin. Porphyrin molecules, once absorbing photons, become chemically active and transform into a state of aggregation that can result in several formations. One of the formations is a free oxygen radical that attacks the cell membrane and leads to the destruction of the P. acne bacterium. Like any other photochemical reaction, the efficacy of the process is determined by the production rate of excited porphyrin molecules, influenced by concentration of porphyrin, concentration of photons and the wavelength of the photons.



How to treat acne with **Q.Light**®

Q.Light® ACNE CARE with specified spectrum (blue range of light and the high intensity of the IR irradiation) has a favorable influence on acne. Scientific studies and empirical reports show individual cases of acne to be significantly reduced or even completely healed by regular exposition to Q.Light®. As individual treatment sessions are very short, Q.Light® phototherapy can easily be integrated into traditional - local or systemic regimens of acne therapy. For optimal results it is recommended to clean the area to be treated with a mild cleanser. Then direct the Q.Light® **ACNE CARE** beam in a right angle to the treatment area. The average dose applied is 9.6 J/cm2 on a daily base.

The treatment time per session is 10 minutes with 40 mW/cm² = treatment distance of approx. 20 cm with **Q.Light® PRO UNIT** and 10 cm with **Q.Light® ACNE CARE**.



Acne before treatment with Q.Light



Acne after treatment with Q.Light



for best treatment results

Acne classification

	Burtons Acne classification		
Grade 0		Total absence of lesions	
Grade 1	Sub clinical acne	Few comedones visible only in close examination	
Grade 2	Comedonal acne	Comedones with slight inflammation	
Grade 3	Mild acne	Inflamed papules with Erythema	
Grade 4	Moderate acne	Many inflamed papules and pustules	
Grade 5	Severe nodular acne	Inflamed papules and pustules with several deep nodular lesions	
Grade 6	Severe cystic acne	Many nodular cystic lesions with scarring	

Factors that accelerate acne development

- Changing hormone levels in girls and women 2 7 days before menstrual period starts.
- Hormonal changes relating to pregnancy or birth control pills.
- Severe, prolonged stress.
- Certain drugs including androgens, lithium and barbiturates.
- Greasy cosmetics.
- · Friction on the skin.
- Environmental irritants pollution and high humidity.

Scientific research on acne care

An action spectrum for blue and near ultraviolet inactivation of Propionibacterium acnes; with emphasis on a possible porphyrin photosensitisation.

Kjeldstad B, Jhonsson

Photochemistry-Photobiology 1986: 43(1); 67-70

Singlet oxygen (1 delta g) generation from coproporphyrin in Propionibacterium acnes on irradiation.

Arakane K, Ryu A, Hayashi C, Masunaga T, Schinmoto K, Mashiko S, Nagano T, Hirobe M.

Biochem Biophys Res Commun 1996; 223 (3): 578-82.

Effect of Visible Light on Reactive Oxygen Species Production

R. Lubart, 1 H. Friedmann, 1 R. Lavie, 1 N. Grossman, 2 M. Sinyakov and S. Belotsky

Department of Chemistry and Physics, Department of Life Sciences Bar-Ilan University, Ramat-Gan 52900, Israel

Visible light promotes proliferation of normal skin cells

Grossman, N., Reuveni, H., Halevy, S., Lubart, R:, J. Invest. Dermatol., 102649A (1994)

Improvement of rheologic parameters, ligand- and oxygenbinding capacity of erythrocytes of circulating blood after exposure of the body surface to visible polarized light.

K.A.Samoilova, K.D.Obolenskaya, A.V.Vologdina, N.V.Mineeva, N.Yu.Romanenko, M.F.Balljuzek: Published: 8th Congress of European Society for Photobiology. Book of Abstracts, P106, p.145, Granada (1999)

basic research

Quality certificate

Q.Light® phototherapy systems are certified active medical products based on DIN EN ISO 9001:2008 & EN ISO 13485:2012 + AC:2012 and carry the CE mark **CE 0197**



Free Sales Certificate

This certification approves **Q.Products AG** to manufacture and sell **Q.Light**[®] phototherapy devices internationally.



certified medical products

Q.Products AG - biotechnology & photomedicine

Q.Products AG develops and manufactures specialized phototherapy devices for professional application and for self medication at home. Additionally to our **Q.Light**[®] **ACNE CARE** we also manufacture the following specialized systems:

- > Q.Light® PAIN CARE
- > Q.Light® WOUND CARE
- Q.Light® SAD CARE
- > Q.Light® PRO UNIT

This professional device is a flexible system that works with different filter modules for all specialized treatments, the spectrum is adapted to the specific needs. In addition, appropriate filters for color therapy are available. Due to the comfort to set treatment time and treatment diameter, it is the ideal product for clinics, medical practices and esthetic salons.

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