

Studien*) zu Indikationen: SAD (I)

The effects of light therapy on depressed elders.

Int J Geriatr Psychiatry. 2004 Jun;19(6):545-8.

Tsai YF, Wong TK, Juang YY, Tsai HH.

Department of Neuropsychiatry, Akita University School of Medicine, Japan

Science and Light Therapy

From the APOLLO Light Research Archives

Medical News & Perspectives - November 11, 1998

new-light - Psychotherapy for Seasonal Affective Disorder - SAD

A Case Study Introducing a New Therapeutic Modality

By Steven Vazquez, PhD, This article is approved by the following for one continuing education credit: ACFEI (APA) is approved by the American Psychological Association to offer continuing professional education for psychologists ...

Integrating Psychological and Physiological Mechanisms of SAD

Michael A. Young, Institute of Psychology, Illinois Institute of Technology

Biological Rhythms Bulletin, 1(3), 4-6, 1999

Melatonin Treatment of Winter Depression Following Total Sleep Deprivation:

Waking EEG and Mood Correlates

Konstantin V Danilenko*,1 and Arcady A Putilov2

1Institute of Internal Medicine, Siberian Branch of the Russian Academy of Medical Sciences, Novosibirsk, Russia; 2Research Institute for Molecular Biology and Biophysics, Siberian Branch of the Russian Academy of Medical Sciences, Novosibirsk, Russia, Neuropsychopharmacology (2005), 1–8, 2005 Nature Publishing Group

Pathophysiology of seasonal affective disorder: a review

Raymond W. Lam, MD; Robert D. Levitan, MD

Lam - Division of Mood Disorders, Department of Psychiatry, University of British Columbia, and UBC Hospital, Vancouver Hospital and Health Sciences Centre, Vancouver, BC; Levitan - Department of Psychiatry, University of Toronto, and Centre for Addiction and Mental Health, Clarke Division, Toronto, Ont.

Chronobiology and Mood Disorders Symposium, November 2000

*) Alle aufgeführten Studien, Abstracts und Conclusions können auf Wunsch zur Verfügung gestellt werden.

Studien*) zu Indikationen: SAD (II)

Light suppresses melatonin secretion in humans

Lewy, A J, Wehr TA, Goodwin FK, Newsome DA, Markey SP.
Published: Science. 1980; 210:1267-1269.

A description of the syndrome and preliminary findings with light therapy

Resenthal NE, Sack DA, Gillin JC, et al. Seasonal affective disorder.
Published: Arch Gen Psych. 1984; 41:72-80

Canadian consensus for the treatment of seasonal affective disorder

Lam RW, Levit A (eds)..
Canadian J of Diagnosis 1998; Supplement; 2 – 15:

Lichttherapie 3. edition

Zulley J, Wirz-Justice, A (eds). Regensburg:
S.Rodner Verlag, 1999

Beginning to see the light

Wirz-Justice A,
Commentary. Arch Gen Psychiatry 1998; 55:861-862;
auch alle Originalartikel pp 875 – 896

Seasonal Affective Disorder and Beyond

Light treatment for SAD and non SAD conditions
Lam RW (ed). Washington DC American Psychiatric Press 1998

Lichttherapie. Ein Merkblatt zur Diagnose und Behandlung

Kurzfassung, erstellt 09-1999 von Prof. A. Wirz-Justice, Dr. P. Graw
Psychiatrische Universitätsklinik Basel

*) Alle aufgeführten Studien, Abstracts und Conclusions können auf Wunsch zur Verfügung gestellt werden.